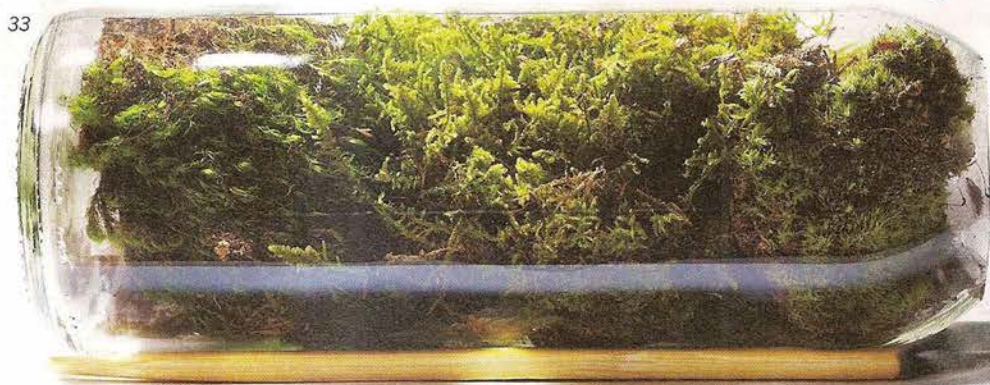
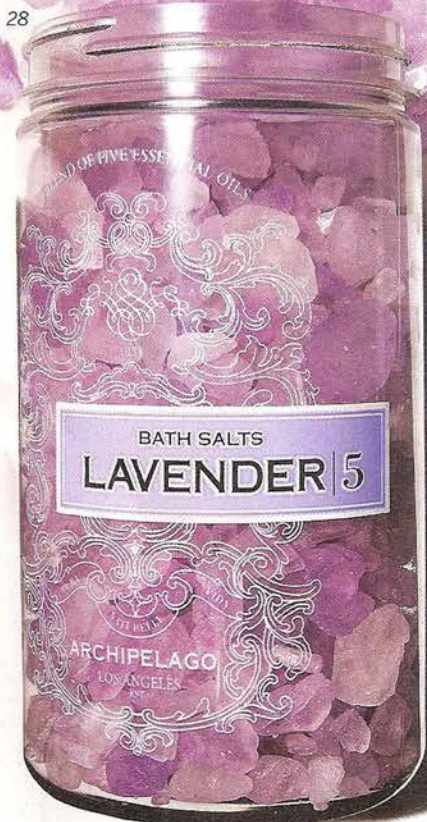


GIVE THE GIFT OF
RELAXATION



Health
 EAT, DRINK & SHRINK!
LOSE 6 LBS THIS WEEK
 Without Hunger!
 Look Like You Got Lots of Sleep
 The #1 Trick
 SKINNYLICIOUS!
 33 Easy Recipes You'll Love
 BETHENNY'S SLIM & HAPPY HOLIDAY SECRETS
 SOFT, SMOOTH, GLOWY SKIN
 BURN 1800 CALORIES TODAY
 No Sweat!
 Neck Pain? QUICK FIX P. 51
 Healthy Gift Guide 50 GENIUS PICKS

3. **AHHH...** Lavender bath salts bliss-ify. Archipelago Lavender 5 Bath Salts (\$28; shoparchipelago.com) 29. **TEA TIME** These exotic brews pack black tea (high in antioxidants). Ambessa Safari Breakfast (\$9 each; harney.com) 30. **CANDLE CHILL** Who, who, who will like this candle? Anyone! Slatkin & Co. Pierced Owl Figural (\$29; qvc.com) 31. **SERENE SIP** Give the gift of me-time with a mug 'n' teapot. C. Wonder Tea for One (\$38; cwonder.com) 32. **COZY UP** A soft blankie in a warm print. CB2 Reyna Throw (\$60; cb2.com) 33. **BACK TO NATURE** Bring in the tranquil outdoors. UncommonGoods Moss Terrarium Bottle (\$38; uncommongoods.com)